



# south orange country day school

	September	October	November	December	January
<b>Emotional Theme</b>	Building a classroom community	Community Helpers	Accepting what others may need	Saying No, and Being Heard	Correcting our friends
<b>Tom Cat and Tabby Cat</b>  <b>Emotional Practice</b>	How do I ask for a turn?  How do I join a group?	How do I ask for help?	How do I make space for a friend who needs something more from the group?	How do I say no without being mean or disrespectful?	How do I remind my friends of the rules?
<b>Emotional Practice</b>	I want to be first  I need help  Ew, that smells  She looks a little sad  He wants a turn	I will just push you out of the way  I will knock down your structure  I think my friend needs a turn  I think my friend is almost done  When you finish, can you let me know	Why does the teacher always let him be first?  Why is he so loud?  Why does he need to walk around the classroom?  Can you stop crying every time you don't get your way?  Why doesn't he follow the directions?	I know you want a turn; I am almost done. Can you let me finish?  I know you like to hug me, but sometimes I am not ready to be hugged. Can you ask me next time?  I really like playing with you, but right now I just need a few minutes to myself.	We were calling him a name and we knew he didn't like it.  We ran away from him and never let him catch us and kept running from him.  I knew it wasn't nice, but I couldn't stop what I was doing.



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	<b>February</b>	<b>March</b>	<b>April</b>	<b>May</b>	<b>June</b>
<b>Emotional Theme</b>	Understanding power dynamics	Personal Space	Body Scans	Defining emotions	Preparing for Change
<b>Tommy Cat and Tabby Cat</b> <b>Emotional Questions</b>	My friend says I am not invited to their birthday party, what do I do?	What do I do when I'm not ready to share but my friends think I am not being nice?	What do I do when someone hurts my feelings?	I think I hurt my friend's feelings. How do I say I am sorry?	I will miss my friends and my classroom community.
<b>Emotional Practice</b>	<p>You can't come to my birthday party? "OK I did want to come to your party but maybe we can have a playdate."</p> <p>You aren't my best friend. "I just like being your friend."</p>	<p>I just can't help myself, I need to touch your hair</p> <p>I love to spin around and forget that I take up a lot of space when I do.</p> <p>I need to let my friends know I am here and that I have an idea.</p>	<p>My heart hurts and I need to tell my friend they hurt my feelings</p> <p>My heart is beating fast because I think my friends are ignoring me</p>	<p>My friend looked sad when I said that, maybe I should make sure they know I wasn't trying to be mean</p> <p>I wasn't listening to my friend and now they are playing with someone else</p>	<p>I feel comfortable in this class. I know where to find everything and I know what is expected. How will my new classroom be different?</p> <p>How will I make new friends?</p> <p>When will I see these friends again?</p>